**Strand: Protecting Yourself, Your Family and Your Community**

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| 4 - Exceeding | 3 - Meeting | 2 - Approaching | 1 - Working Below |
| Consistently, without prompting lists the differences between communicable and non-communicable diseases. | Usually, without prompting lists the differences between communicable and non-communicable diseases. | Occasionally and with some prompting, lists the differences between communicable and non-communicable diseases. | Must always be prompted to lists the differences between communicable and non-communicable diseases. |
| Accurately lists ways to make the community a healthier and safer place.  | Reliably lists ways to make the community a healthier and safer place. | With some difficulty lists ways to make the community a healthier and safer place. | Is not able to list ways to make the community a healthier and safer place. |
| Consistently identifies benefits of smoke-free environments. | Usually identifies benefits of smoke-free environments. | Occasionally identifies benefits of smoke-free environments. | Never identifies benefits of smoke-free environments. |
| Accurately, using their words, defines “abuse”. | Reliably, using their words, defines “abuse”. | With some difficulty, using their words, defines “abuse”. | Is not able to, using their words, defines “abuse”. |
| Regularly lists techniques used to lure children. | Routinely lists techniques used to lure children. | Partially lists techniques used to lure children. | Hardly ever lists techniques used to lure children. |

**Strand: Personal Wellness**

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| 4 - Exceeding | 3 - Meeting | 2 - Approaching | 1 - Working Below |
| Frequently describes personal habits that contribute to improve health. | Generally describes personal habits that contribute to improve health. | Sometimes describes personal habits that contribute to improve health. | Rarely describes personal habits that contribute to improve health. |

**Strand: Growth and Development**

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| 4 - Exceeding | 3 - Meeting | 2 - Approaching | 1 - Working Below |
| Consistently states the importance of dental-care activities. | Easily states the importance of dental-care activities. | Partially states the importance of dental-care activities. | Not able to state the importance of dental-care activities. |
| Regularly lists changes in the body as it grows and explains how these occur at different rates. | Routinely lists changes in the body as it grows and explains how these occur at different rates. | Partially lists changes in the body as it grows and explains how these occur at different rates. | Hardly ever lists changes in the body as it grows and explains how these occur at different rates. |
| Regularly lists and describes some of the functions performed by the brain. | Routinely lists and describes some of the functions performed by the brain. | Partially lists and describes some of the functions performed by the brain. | Hardly lists and describes some of the functions performed by the brain. |

**Strand: Use, Misuse and Abuse of Materials**

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| 4 - Exceeding | 3 - Meeting | 2 - Approaching | 1 - Working Below |
| Consistently describes how drugs affect body systems. | Usually describes how drugs affect body systems. | Occasionally describes how drugs affect body systems. | Never describes how drugs affect body systems. |
| Regularly lists the influences of media on healthy behaviors. | Routinely lists the influences of media on healthy behaviors. | At times lists the influences of media on healthy behaviors. | Hardly ever lists the influences of media on healthy behaviors. |